Dare to Dream

Marilyn Pattison, WFOT President
Outline

• What do we mean by vision for the future?
• Where are we now
• Where do we want to go
• Conclusions
What is a vision

• Vision is the ability to think about or plan the future with imagination or wisdom.

It is a creative approach to imagining our distant future based on our present knowledge and experience.

Action without vision is a nightmare – vision without action is a daydream.
A vision for **a healthy and inclusive population**

- As our globe becomes more connected through technology
- As science develops and provides more answers
- As the climate impacts the earth
- As our populations age
- As peoples migrate because of conflict or disaster
- As our profession expands and evolves

How can we as occupational therapists and citizens achieve our vision based on our present knowledge and experience?
Where are we now?

Global and local
Present Health and welfare challenges: global and local

Global

- Lifestyle-related disease and chronic conditions (non-communicable diseases)
  - Mental health
  - Musculoskeletal
  - Chronic obstructive pulmonary disease
  - Obesity, overweight, diabetes
- Increasing elderly population
- Social inequalities
- Children’s health and welfare

New Zealand

- Relentless health care reform
- Evidence based practice
- Prevention and health promotion
- Technological development
- Any others you can add?
Global statistics show:

• 70% of world population will live in cities by 2050 (UN)
• Increased chronic conditions with increasing old age
• Working with families in their homes – less costly than hospitals and people recover better at home
• Preventative care – keeping people out of hospital
Working globally

Established in 1952, the **WORLD FEDERATION OF OCCUPATIONAL THERAPISTS** is the key international representative for occupational therapists and occupational therapy around the world and the official international organisation for the promotion of occupational therapy.

WFOT promotes occupational therapy as an art and science internationally. The Federation supports the development, use and practice of occupational therapy worldwide, demonstrating its relevance and contribution to society.

©Copyright World Federation of Occupational Therapists 2016
A dynamic, proactive and responsive organisation that represents the international profile of occupational therapists and its Member Organisations

Provides strategy and vision for the development of occupational therapy profession worldwide

Pioneers the development and evolution of the profession at international, regional and national levels through;

- Strategy and Vision
- Standards and Governance
- Collaboration and Representation
- Support and information

©Copyright World Federation of Occupational Therapists 2016
Key relationship

Through official relations with the **World Health Organization (WHO)** since 1959, WFOT and WHO have had an active working relationship both regionally and internationally which keeps us up to date with global health trends. Collaborations include:

- World Report on Disability
- Community Based Rehabilitation
- Mental Health
- Disability Research
- Healthy Workplaces
- Wheelchair Provision
- Education
WORLD REPORT ON AGEING AND HEALTH (WHO, 2015)

- A framework for action to foster Healthy Ageing built around the new concept of functional ability.
- Comprehensive public health action needed
- Change needed in how we think about ageing itself
GLOBAL STRATEGY & ACTION PLAN ON AGEING & HEALTH
Ratified at the World Health Assembly 2016

Five objectives to achieve a world in which everyone lives a long and healthy life:
• Commitment to action on healthy aging in every country with combatting aging a key priority
• Developing age-friendly environments
• Aligning health systems to the needs of elder people
• Developing sustainable solutions for long-term care in home, communities and institutions
• Improving measurement, monitoring and research on healthy aging

Occupational therapists will make a difference locally and globally
WFOT is now working with WHO on a global coordination mechanism for the continued Global Strategy for the Prevention and Control of Noncommunicable Diseases (WHO GCM/NCD).
WFOT
World Federation of Occupational Therapists

REHABILITATION
2030
a call for action
Assistive Technology
Local Reality in New Zealand

What are the drivers of practice in New Zealand?
Discuss in small groups
What are the New Zealand special competencies? How do we differ from the remainder of the world – if indeed we do

Discuss in small groups
Where do we want to be in the future 10 years, 20 years, 100 years?
Sustainable development goals

SDG 3: Good health and wellbeing

©Copyright World Federation of Occupational Therapists 2016
Sustainable Development Goals (UN, 2015)

• Our vision for healthy people relates to the SDGs-ending poverty, fighting inequality and injustice, tackling climate change, promoting health

• This involves changing the way we do things.
  • Humanitarian responses-what are the challenges in healthcare?
  • Partnership, communication and outreach (local community)
  • Good health and well being (SDG 3)includes mother and child health, disease prevention:
    • Education and Prevention will be a part of OT implementation, e.g. community radio and support of women
  • Relate health to climate change, e.g. early warning systems relating cases of health problems to climate data
    • data driven national health system to increase resilience to climate change and more advanced warning of climate sensitive diseases
  • Sustainable water usage and conservation practices
Sustainable Development Goals (UN, 2015)

• Mega cities (UN, 2014) with 2/3 of the world’s working age population
  • combat inequality
  • Create jobs, especially for youth
  • Meet risks from natural disaster and climate change
  • Use technology transfer to inform and develop, support people to use environmentally friendly technology –green fridge, green lights-energy efficiency in our workplaces
So let’s do some planning

I can do things you cannot, you can do things I cannot; together we can do great things.

Mother Teresa

©Copyright World Federation of Occupational Therapists2016
To begin

We are going to explore the potential health landscape of the future and you will be asked to work in small groups
We will be considering the following questions:

- Issue 1: The health landscape of the future (2025)
- Issue 2: How does Occupational Therapy fit into this landscape (2025)
- Issue 3: What are the areas of practice development for Occupational Therapy to move the profession towards the 2025 vision?
Some suggestions to structure your discussion on Question 1

1.1 What, in your view, does it take to keep a population healthy?

1.2 I would like you to imagine an ‘interesting’, ‘exciting’, ‘rewarding’ future for those working in the health landscape. Can you describe how that will work?

1.3 Can you define the critical elements which need to be focused on to get us to the best case scenario?
2.1 Each person will put forward their assumption and then discuss as a group.

2.2 Take five minutes to describe how you think you will work (viz ‘this is what my role involves’) in the future (2025) based on the assumptions.
Issue 3: What are the areas of practice development for Occupational Therapy to move the profession towards the 2025 vision?

3.1 Examine and describe what you consider to be the emerging areas of practice
Where to from here?

- Occupational therapists in New Zealand are part of the global occupational therapy network
- Need to plan and monitor development to meet future challenges
- Need to think forward to take advantage of research, innovation and technology
- Need to be at the forefront of change
Opportunity dances with those who are ready on the dance floor

Marcia Finlayson 2000
“Dreams are without question the most important because without them you will never achieve anything. Do you have a dream? If you have a dream then you have a duty and a responsibility to yourself to make it come true. Because if you don’t make your dreams come true then you are just a dreamer.” (WFOT, 2015 page 4)
Together we can take occupational therapy to even greater heights in the 21st century
World Federation of Occupational Therapists

WFOT

©Copyright World Federation of Occupational Therapists 2016